Guide to Benefits.gov for
Resources for Seniors

WHAT IS BENEFITS.GOV?

As the official benefits website of the U.S. government, Benefits.gov is dedicated to connecting citizens in need to assistance programs. With information on over 1,000 government benefits, the program you're looking for could be just a few steps away.

HOW CAN BENEFITS.GOV HELP YOU?

As a senior citizen, you face unique circumstances and may qualify for assistance programs that can help with healthcare costs, increase access to community volunteer activities, and offer employment assistance amongst many other benefits.
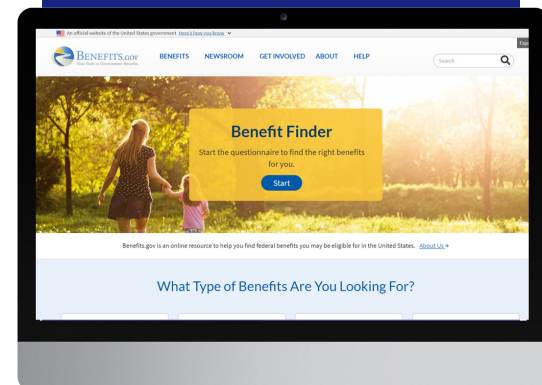
WHAT CAN YOU EXPECT TO FIND?

Here are a few benefits for which you may be eligible:

- ☑ The **Senior Companion Program** provides grants to qualified agencies and organizations for the purpose of engaging persons 60 and older, particularly those with limited incomes, in volunteer service to meet critical community needs and to provide a high quality experience that will enrich the lives of the volunteers.

- ☑ **Medicare** is a federal health insurance program for people 65 years of age and older, under age 65 with certain disabilities, and any age with end-stage renal disease.

- ☑ The **Senior Community Service Employment Program (SCSEP)** provides part-time community service training positions to low-income persons ages 55 and older. Program participants work an average of 20 hours a week, are paid at least the federal minimum wage, and are employed in a wide variety of community service activities.

Visit Benefits.gov to find assistance for you and your family. An award-winning multi-agency partnership managed by the U.S. Department of Labor.

Begin your search

Start the *Benefit Finder*, a confidential questionnaire that will prescreen your eligibility for government benefits. You will be able to view a list of benefits that you may be eligible for based on how you respond.

Browse benefits by category and filter results by state, browse benefits by their federal managing agency, or use the search bar to help you find resources for your needs.

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