A GUIDE TO BENEFITS.GOV

What is Benefits.gov?
As the official benefits website of the U.S. government, Benefits.gov is dedicated to connecting citizens in need to assistance programs. With information on over 1,000 government benefits, the program you’re looking for could be just a few steps away.

How Can Benefits.gov Help You?
Benefits.gov can help you identify what benefits you may be eligible for and how to apply to receive these benefits. There are many resources available on Benefits.gov for citizens in need, including helpful news articles and video tutorials, as well as additional, non-government assistance resources.

What Can You Expect to Find?
Some of the resources you can find on Benefits.gov include:

- The Benefit Finder, a confidential questionnaire that compares your eligibility for over 1,000 benefit programs. If you know what programs you are interested in, try browsing our benefit categories or by agency. To check your eligibility for a specific benefit program, such as Medicaid or Disaster Unemployment Assistance, fill out a shorter questionnaire at the bottom of our program pages.

- The Newsroom, where you can find up-to-date information on benefit programs, how to apply, and where to find more information. To stay current with new publications, subscribe to our monthly Compass Newsletter.

- Our Help Center assists users in finding answers to their most pressing questions through our chatbot, video guides, and frequently asked questions.

Begin Your Search
Start the Benefit Finder, a confidential questionnaire that will pre-screen your eligibility for government benefits. You will be able to view a list of benefits that you may be eligible for based on how you respond.

Browse benefits by category and filter results by state, browse benefits by their federal managing agency, or use the search bar to help you find resources for your needs.

Visit Benefits.gov to find assistance for you and your family. An award-winning multi-agency partnership managed by the U.S. Department of Labor.

Connect With Us

A Guide to Benefits.gov